# Belang van een voedingsstrategie en samenwerking tussen diensten

Prof. Dr. Ann Meulemans
Competentiecentrum Klinisch Voeding

# CC Klinische voeding

**ZONE ABDOMEN**

Maag-Darm -Lever

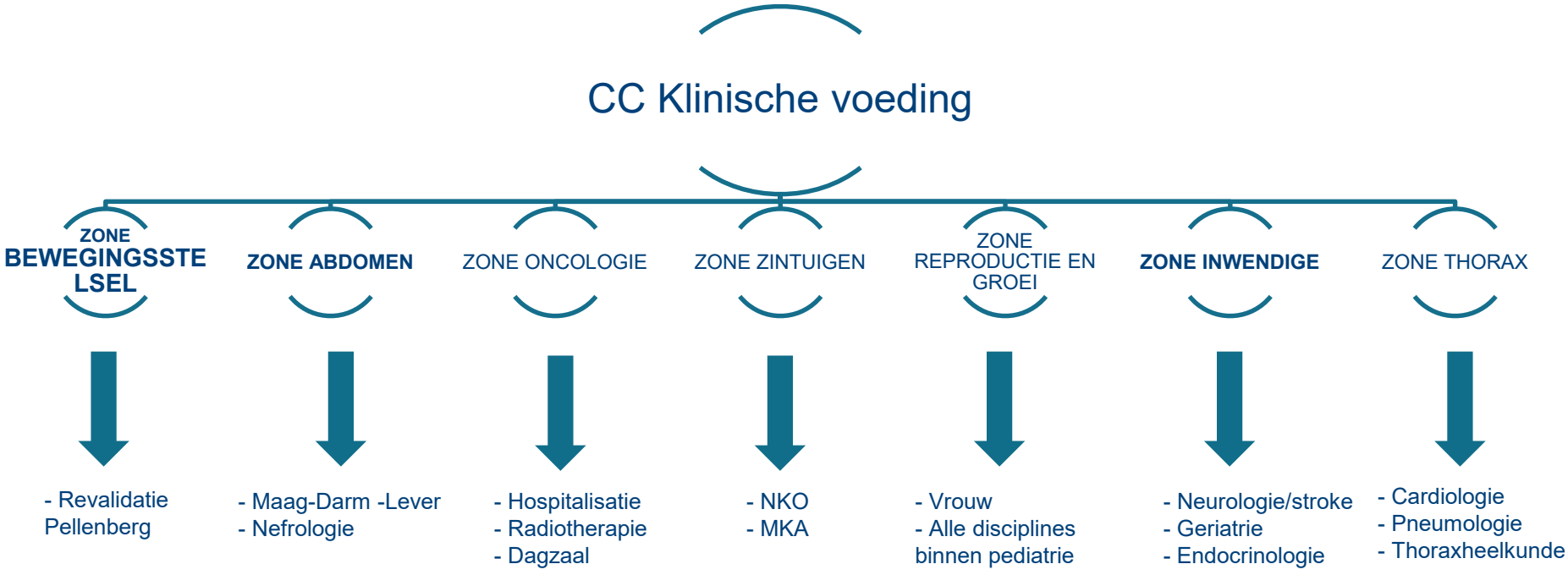
**ZONE INWENDIGE**

Geriatrie

ZONE THORAX

Thoraxheelkunde

# CC Klinische voeding



# De ideale voedingsstrategie

World Health Organization

## Stronger focus on nutrition within health services could save 3.7 million lives by 2025

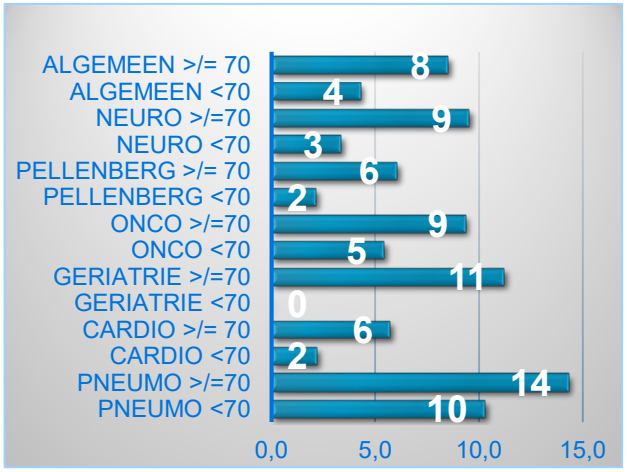
4 September 2019 | News release

Health services must integrate a stronger focus on ensuring optimum nutrition at each stage of a person's life, according to a new report released by the World Health Organization (WHO). It is estimated that the right investment in nutrition could save 3.7 million lives by 2025[1].

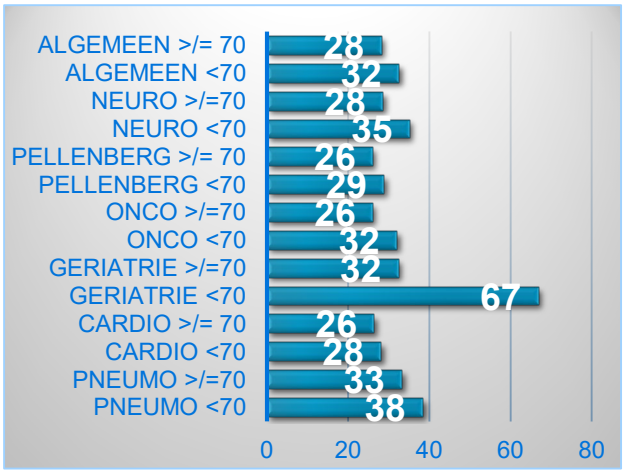
"In order to provide quality health services and achieve Universal Health Coverage, nutrition should be positioned as one of the cornerstones of essential health packages," said Dr Naoko Yamamoto, Assistant Director-General at WHO. "We also need better food environments which allow all people to consume healthy diets."

Essential health packages in all settings need to contain robust nutrition components but countries will need to decide which interventions best support their national health policies, strategies and plans.

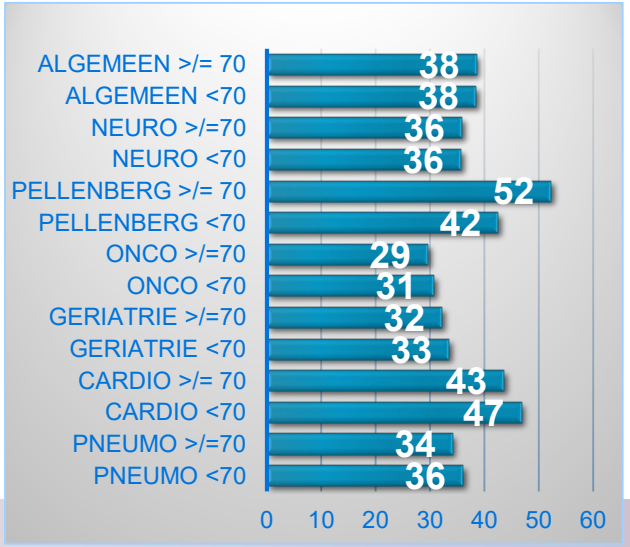
## Ondergewicht
BMI< 18,5/20,5



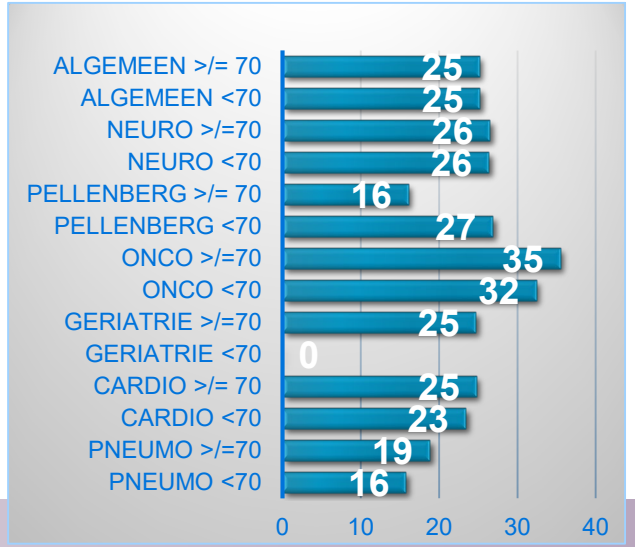

## Normaal gewicht
18,5/20,5≤BMI<25




## Overgewicht
BMI ≥ 25

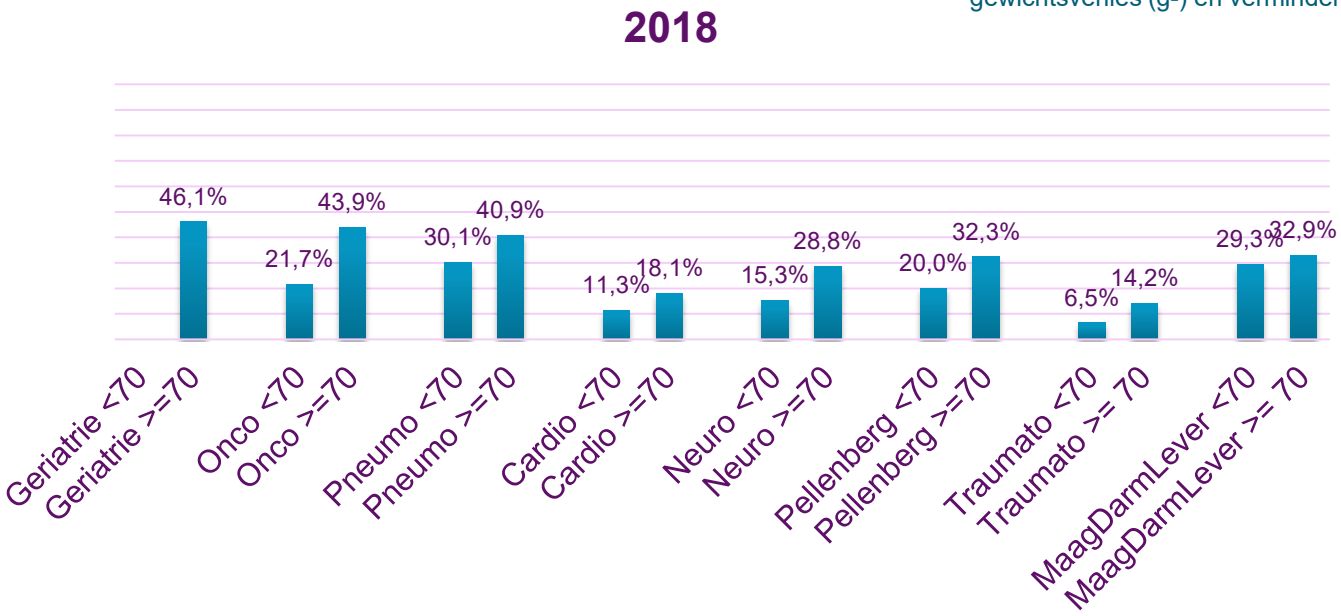



## Onbekend gewicht



# % risico op ondervoeding

* Rekening gehouden met onbekende BMI, gewichtsverlies (g-) en verminderde eetlust (v-)



# Belang van een goede voedingsstatus

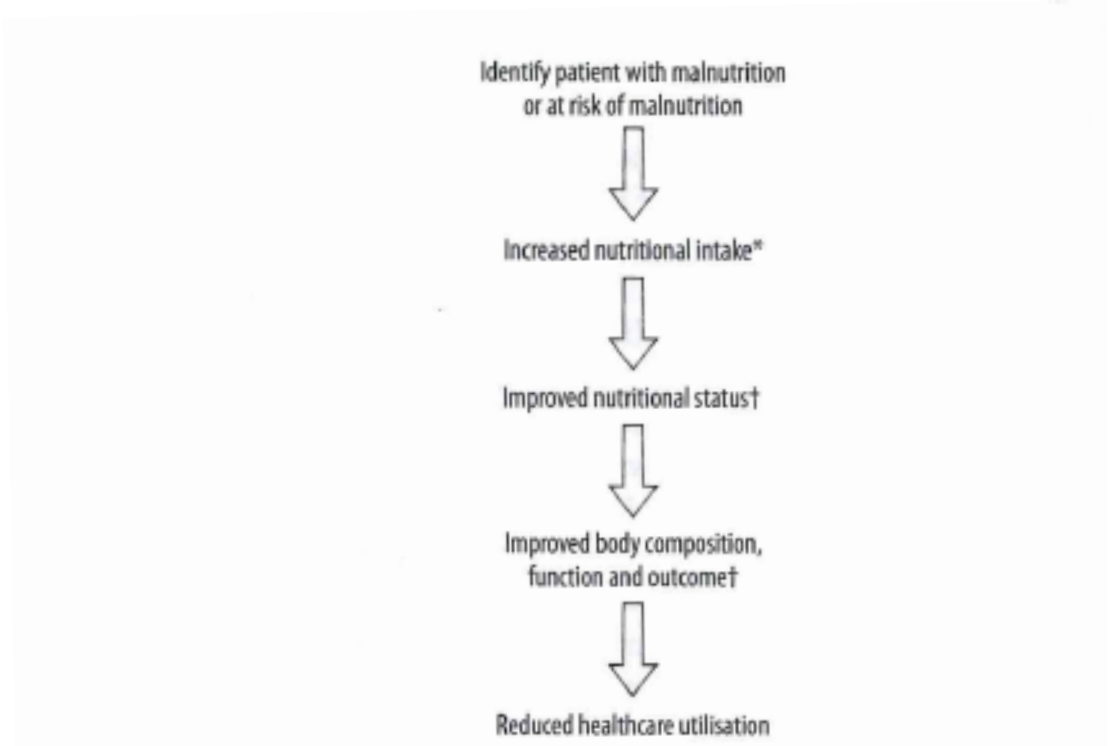
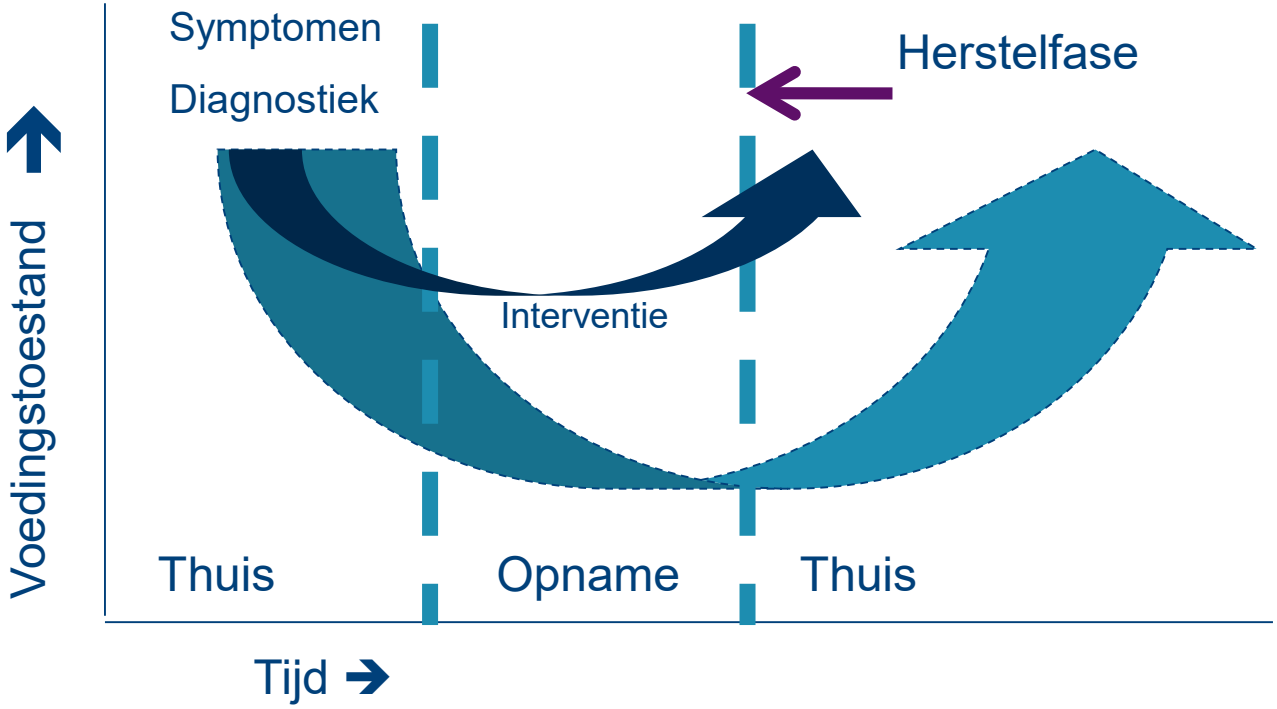


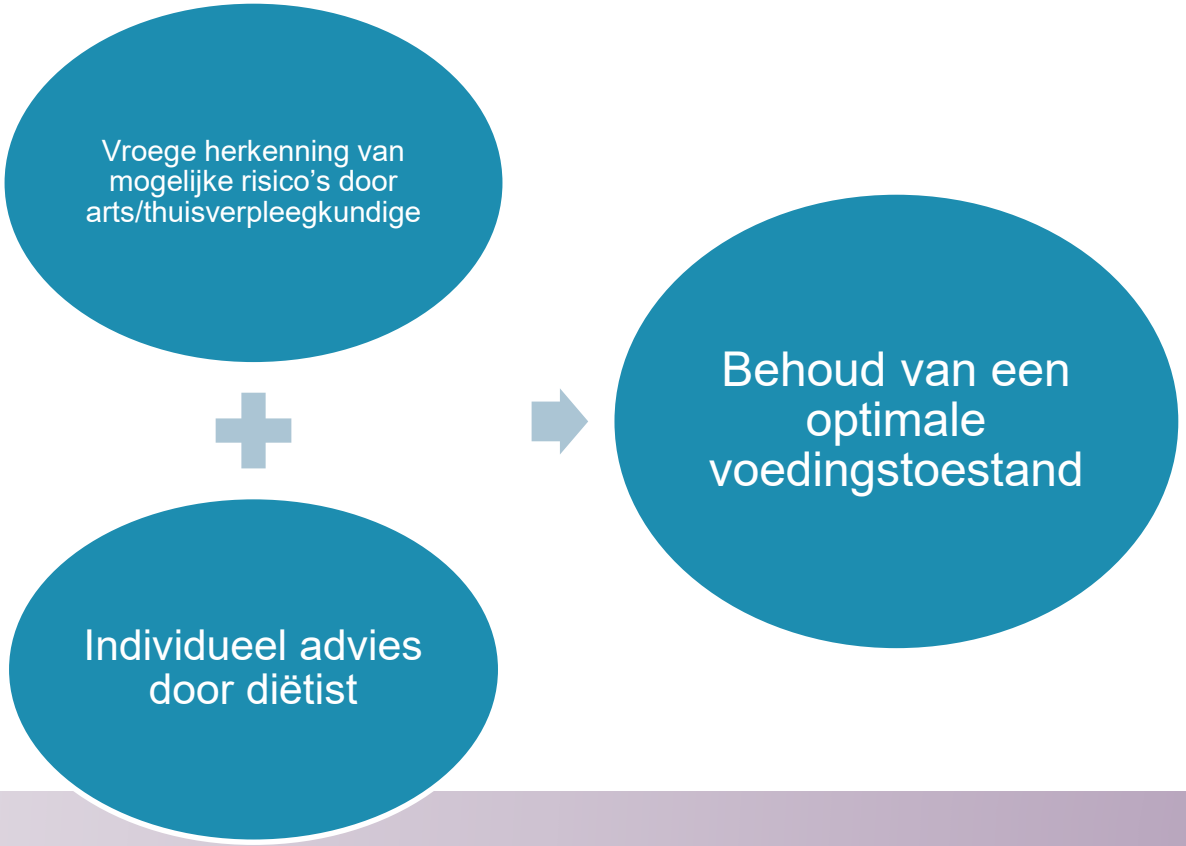

**Figure 3.1. Proposed causal pathway between nutritional intervention and outcome (based on reference [1]).**
* This can involve any type of nutritional support
† Improvements may result without changes in gross body composition (protein-energy status) e.g. through effects on immune function

# De route van de patiënt




https://www.stuurgroepondervoeding.nl/toolkits/presentaties-materialen-6

# Netwerkvorming



# Meer weten

- www.uzleuven.be/voeding
- www.stuurgroepondervoeding.nl